



720054, Kyrgyz Republic, Bishkek, Fuchik str., 34  
Tel./fax: +996 312 650398 (Kyrgyz Republic)  
Tel.: +1 646 452 93 81 (USA)  
+7 967 153 18 29 (Russia)  
e-mail: info@outofdrug.org  
www.outofdrug.org

## Press release

### **Jenishbek Nazaraliev will convey a benediction of the Dalai Lama XIV to the people of Tyva**

In late 2012, the Government of the Republic of Tyva has asked the president of the World League "Mind Free of Drugs", Professor Jenishbek Nazaraliev to help eradicate alcoholism, which is widespread among the population of a small region of Russia. In early December 2012, at the invitation of the Head of the Government of the Republic of Tyva Sholban Kara-ooly, Professor Nazaraliev had a working visit to the Republic (<http://www.doctorlife.tv/en/news/full/626.html>).

As a result of bilateral negotiations, a Protocol of Intent on cooperation and collaboration between the Government of Tyva and the World League "Mind Free of Drugs" organization was signed. In late December, the World League started the development of the "National anti alcohol program for the Republic of Tyva" in order to modernize the region's addiction service and health promotion in the society.

According to the Head of the Government of Tyva Sholban Kara-oola, in the country with a population of more than 309,000, more than 6000 people are alcohol addicts, 30% of them are women. There are 3 thousand orphans. Those are the children whose parents have been deprived of wardship. Therefore, at the time of preparation of the program the World League took a series of emergency measures. A study group of 6 people was created. Within three months they will conduct a socio-psychological study of residents of Tyva. Its tasks will include epidemiological study of alcoholism and determination of cause-effect relationships that lead to alcoholism.

50% discount for the treatment of alcohol dependence for residents of Tyva was made at the Nazaraliev Medical Center. Thus, patients will only pay for their stay in the rehabilitation center. Selection of specialists is being held among the health workers of Tyva, who will be trained in the "Nazaraliev Medical Center" in Bishkek, Kyrgyzstan for 3 to 6 months.

The World League determined the participation the representatives of the Buddhist religion in such work as an important part of the prevention of alcoholism in Tyvan society. In this regard, the organization asked the support of His Holiness the Dalai Lama XIV. Buddhist spiritual leader responded and prepared a benediction to the Tyvan people. In the benediction, he praised the idea of anti-alcohol program, which will be realized by the World League soon. The Dalai Lama sent the text of the benediction to Professor Nazaraliev, who passed it on to the Head of the Government of the Republic Sholban Kara-ooly. A copy of the benediction of the Dalai Lama will be distributed to all administrative, economic, and educational institutions of the republic as a preventive measure.

"I admire the work of the World League "Mind Free of Drugs" and its efforts to raise the concerns of the society to threats of drugs and alcohol – says the Dalai Lama in his appeal. - I pray for Tuvinians, wanting to get rid of alcohol addiction, to find strength and support to do so. I pray that young people, who have not been victims of alcohol, were protected from it."

One of the main points of the program is the interaction of the rehabilitation centers with formal religious organizations. The World League is encouraging to involve Buddhist priests to the treatment of alcoholics. In 2003, Professor Nazarialiev visited the residence of the Dalai Lama in Dharamsala. His Holiness warmly welcomed an outstanding narcologist, blessed his work and presented him his latest works. His Holiness the Dalai Lama also signed an "Appeal to the humanity of the XXII century" and became an honorable member of the World League.

In 2010, the Dalai Lama has actively supported the anti-drug Internet Project MayaPlanet [www.mayaplanet.org](http://www.mayaplanet.org) organized by the World League. In 2012, he became one of 12 honorary members of the online conference devoted to the international issues and global threats of drugs. The conference was held on June 26 - the International Day Against Drugs and drug trafficking.

Also in 2012, the Dalai Lama sent positive reviews of the TV show Doctor Life [www.doctorlife.tv](http://www.doctorlife.tv) to the World League. The treatment of eight drug addicts in private medical center was shown in this reality TV project. As a spiritual leader, the Dalai Lama visited the Republic of Tyva the last time in 1993.

*World League "Mind Free of Drugs" is a non-governmental organization, founded in 1999 by Professor Jenishbek Nazarialiev. The Honorary members of the organization are the Dalai Lama XIV, the former UN Secretary General Kofi Annan, actor and politician Arnold Schwarzenegger and other public figures. The organization's mission is to create a matrix of conscious immunity to drugs in the society.*