



**MIND FREE OF DRUGS**  
**WORLD LEAGUE**  
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## **“Fatal Red Poppies”, the book by Zhenishbek Nazaraliev is now published**

*The notes of the doctor-expert in narcology about his meetings with police, drug dealers, addicts, doctors, and politicians in five continents.*

The medical non-fiction about the round-the-world journey of the soviet and post-soviet narcologist Zhenishbek Nazaraliev is now officially published in Internet. At the website of the book “Fatal Red Poppies” ([http://www.outofdrug.org/?page\\_id=180&lang=en](http://www.outofdrug.org/?page_id=180&lang=en)) you can find essays of the doctor about peculiarities of narcology and narcopolitics in more than 40 countries of the world. The unique experience is documented by the legend of the Russian journalism, Leonid Shinkarev.

In 1990, the young Kyrgyz doctor-narcologist, Zhenishbek Nazaraliev, received the patent for the creation of the “Method of treatment of the chronic alcoholism”. In a while, in the same 90s he opened the famous “Medical Center of Doctor Nazaraliev”, in Frunze (now Bishkek), the capital of the Kyrgyz soviet socialist republic.

With the fail of the iron curtain and the collapse of the Soviet Union, Nazaraliev strictly felt the need of adopting the world experience in the drug treatment and fight with the illegal drug trafficking. The clear understanding of the peculiarities of the Soviet psychic school and its traditions appeared. In order to stand out from rivals, the private drug treatment center needed to admit the human being inside its walls and forget about the methods, close to the punitive therapy.

More than 40 countries of the world got into the plan of the extreme and fascinating research expedition, in which professor Nazaraliev involved a journalist, Leonid Shinkarev, who received the title “Legend of the Russian Journalism” in 2006. Shinkarev, who dedicated 34 years to the work in the newspaper “News”, specialized at the expeditions along the Siberian rivers. He also used to travel with a poet Yevgeny Evtushenko. To find the more suitable and professional company than Shinkarev, was difficult enough, if not to say impossible.

The communication with drug police and drug dealers, getting into brothels and closed communities, rehabilitation medical centers and scientific conferences, meetings with politicians and scientists – all these events are lively reflected in the exciting narration of professor Nazaraliev and his coauthor Shinkarev, who did the literary editing of the book. These trips were held during several years, and the reports about them were further combined in one exciting nonfiction book, which was later published in the “Medical press” in 2001, in ten years before the bum of nonfiction genre.

For all that time, travel notes of the narcologist with the expressive title “Save and forgive” were available only to the specific audience. First of all, this book was addressed to the scientific community and political establishment. After the book’s official translation into English and change the title into “Fatal red poppies”, its copies are kept in the U.S. National Library, owned

by Bill Clinton, the 42<sup>nd</sup> president of the United States, Kofi Annan, ex-chairman of the UN, and Arnold Schwarzenegger, ex-governor of California.

The authors seemed not to hunt on or intrigue the mass reader with their discoveries. This book lived in the closed space between the official handshakes, alike bad third-rate biographies of politicians, which are usually passed from hands to hands. However, in February 2012, the creative tandem of Nazaraliev and Shinkarev at their first meeting for all these years, came to the decision that time has changed and the popular scientific literature hits the record sales and the circulation of it exceeds different artistic genres. Although, besides that Internet plays a huge role, since the book must be in trend.

This fall “Fatal Red Poppies” was published in Internet in the most complete edition. The only try to understand how drug addiction is treated in other countries still remains the unique experiment in the Russian literature, let alone the peculiar practical archeology of knowledge. Nazaraliev managed to recreate the global coverage of his researches: the treatment of patients with a help of “placenta” in Holland, the politics of decreasing the harm of drugs in Australia, the house of patience in England, opium plantations of the company “Johnson and Johnson” in Tasmania and the mind crafting in Tibet – all this is just a tiny part of the exciting flow of facts and interesting discoveries.

“Save and forgive” was sanctified by the blessing of the main Buddhist in world - His Holiness the Dalai Lama XIV. This was the biggest surprise for the author of the extensive local history essays. The book is completed by some moments from the autobiography of professor Nazaraliev, where as if through the prism readers can see the set-up of the soviet psychiatry by focusing on one of its directions – narcology. The world is very diverse and inexhaustible in its forms. In the original title of the book “Save and Forgive” professor teaches the world tolerance and openness, which we are so in lack in the post-soviet space.